

# PERSONAL PROTECTION

## For Infectious Diseases Requiring Airborne

### PROCEDURE FOR

- ✓ Decontaminate hands with an alcohol-based hand rub or wash with antimicrobial soap/water
- ✓ Put on gown

- ✓ Put on gloves
- ✓ Put on appropriate respirator (N-95 or higher)

### PROCEDURE FOR

*Avoid contaminating your hands while removing PPE. If hands do become contaminated, use alcohol-based hand rub or antimicrobial soap. Never touch face gear with hands. Use biohazardous trash container for used PPE.*

- 1. Remove gloves**  
Peel off one glove by turning inside out. Place fingers inside cuff of other glove and pull off, inside out.



- 3. Decontaminate hands and put on a clean pair of gloves**  
Use an alcohol-based hand rub or antimicrobial soap.

- 2. Remove gown**  
Be careful not to touch the front, contaminated area. Untie all strings at back of gown, slide hands under inside back edges at the neck and pull off turning inside out and rolling gown as it is removed. Discard in appropriate receptacle.



- 4. Remove face shield and/or goggles**  
Remove by straps.

Facility Contact: \_\_\_\_\_